# PLAN YOUR LESSON

Systematic way of preparing a Lesson Plan

#### LEARNING OUTCOME

- State the importance of planning a lesson
- Define Lesson Plan
- Describe the characteristics of a Lesson Plan
- Explain the major & minor components of a Lesson Plan
- State the advantages of planning a lesson
- Explain the format of a Lesson Plan
- Enhance Presentation skills

#### IMPORTANCE OF PLANNING

- It ensures you the right allocation of teaching time to each topic.
- It allows you to bring your subject matter up-to-date.
- It assures you the intended outcome through the well written objectives.
- It builds you to revise and modify the teaching material in the light of previous performance and past experience gained
- It helps you to prevent unnecessary overlapping of subjects, lessons, and repetition of information.
- Moreover, adequate planning boosts your selfconfidence in your ability to teach in an interesting, effective and efficient way!

#### **LESSON & LESSON PLAN**

- Lesson: Lesson is a smallest part of a unit of instruction prepared after analyzing the syllabus with specific time.
- Lesson Plan: A lesson plan is a detailed description of the course of instruction prepared by a teacher for an individual lesson related to theory.

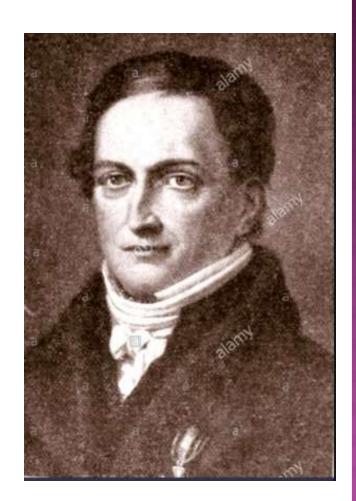
#### EVOLUTION

Many formats for a lesson plan followed by Herbart, Glover, Fuller, Morrison, McMurray, Dewey, Bloom, Hunter, etc. most lesson plans contain some or all of these elements, typically in this order:

- Title of the lesson
- The amount of time required to complete the lesson
- A list of objectives
- Review of previous lesson and previous knowledge
- Motivation
- Relevant visual aids for effective teaching
- Subject matter, information points, and hints
- Summary
- Test

## Johann Friedrich Herbart (1776 -1841)

 German philosopher, psychologist and educational reformer.



 Influenced by the educational theories of Herbart, Charles A. McMurray (1857-1929) and Frank W. McMurray (1862 -1936) commonly known as the 'McMurrays' (who made a remarkable contribution to curriculum development and teacher education in US), strongly recommended Herbart's instruction that, 'a good teachers must plan and prepare well before teaching'.

- Herbart's method of lesson plan consists of five steps: (1) Preparation (2) Presentation (3) Comparison and Association
- (4) Generalization, and (5) Application.
- Though the five step method emphasis important features of good teaching, it is further simplified into 4 steps.
- In the present scenario one has to give importance to the teacher's creativity in planning, innovation in teaching, and time factor, a lesson plan can be a simple one!

## CHARACTERISTICS OF A GOOD LESSON PLAN

- Title should be indicated clearly based on the content
- Objectives should be SMART
- Connects the previous lesson and extends the preparation to a next lesson
- Motivates the learner
- Prepared by a teacher as per the learners' need
- Content must relate with objectives
- Only one topic should be covered at a time
- Every lesson must have new information and not repetitive information
- The lesson must not be too long or too short
- Teaching aids must be used

#### SIMPLE 4 - STEP LESSON PLAN

#### Major components of a lesson plan

- (1) Preparation
- (2) Presentation
- (3) Application, and
- (4) Testing



#### 1. PREPARATION

- Title & Objectives
- Teaching Aids
- Review
- Motivation

#### 2. PRESENTATION

- Topics & Developments
- Information Points
- Hints

#### 3. APPLICATION

- Application of knowledge gained
- Ability to use the knowledge learnt
- Check how well the learner uses facts, principles, rules, and theories in solving problems
- Interact with trainees, ask simple & direct questions
- Recapitulate the lesson

#### 4. TEST

- Assignment
- Objective & subjective type of questions
- Reference
- Next Lesson

#### THE SMART APPROACH

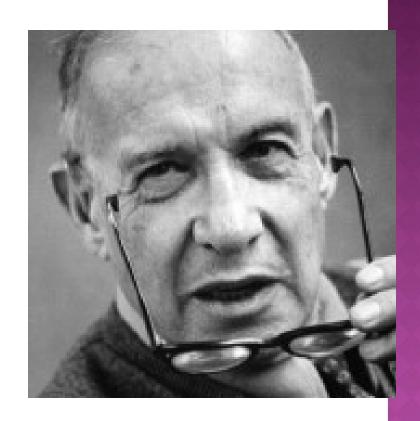
- 1. Specific should specify what they want to achieve.
- 2. Measurable able to measure whether you are meeting the objectives or not.
- 3. Achievable are the objectives you set, achievable and attainable?
- 4. Realistic can you realistically achieve the objectives with the resources you have?
- 5. **Time** When do you want to achieve the set objectives?

#### Peter Ferdinand Drucker (1909 - 2005)

 American management consultant, educator, and author.

He invented the concept known as management by objectives. He has been described as "the founder of modern management".

'The Practice of Management' (1954)



### **ADVANTAGES**



#### TO THE INSTRUCTOR

- It forms as a record of teachinglearning activity
- It assists you to place the information in sequence
- Help you to get confidence, as you need not always depend on your memory!
- Facilitate you to select and use teaching aids at appropriate time during presentation

- It serves you to organize complete teaching learning activity in a smooth way and manage the entire class activities within the stipulated time
- It assures you that all the points are covered about the lesson
- Helps to maintain the learner's interest till the finishing of the class because they are understanding the subject correctly and also they are getting time for interaction
- It also helps in imparting uniform instructions in different classes at different timings

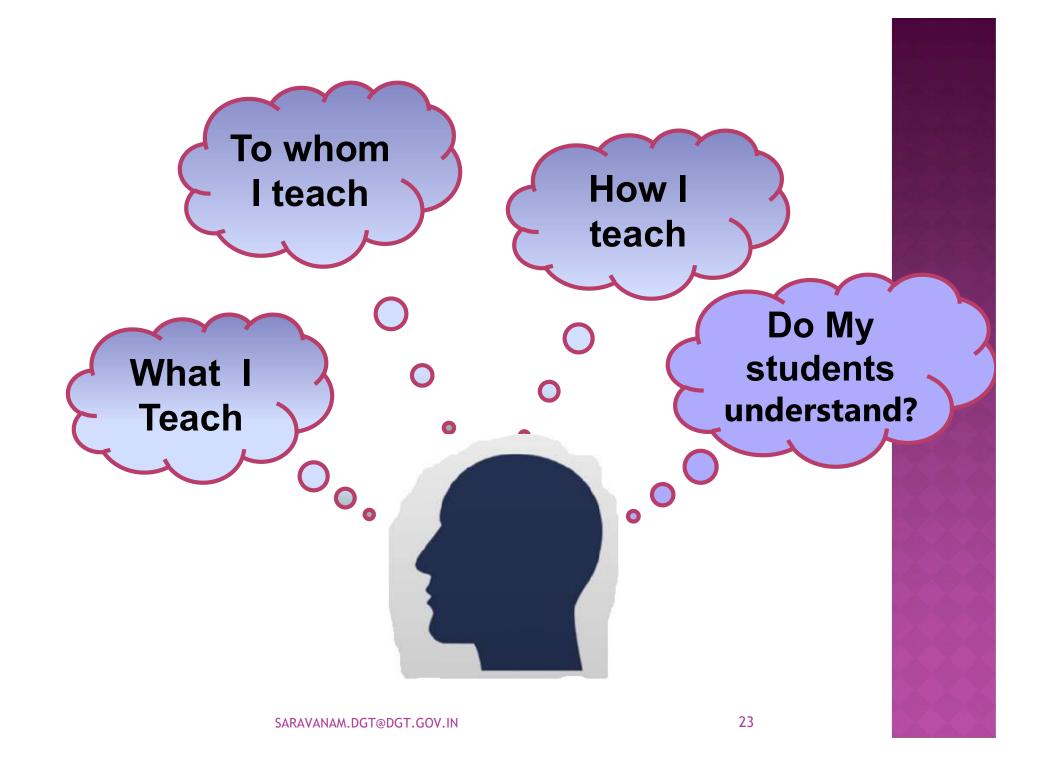
#### TO THE LEARNER

- Learners are getting interest in learning more and more by attending a planned instruction of an instructor
- Learners are getting confidence and satisfaction in the subject what instructor has presented by systematic and sequence order
- Serves the purpose to meet the requirement of learners at different levels
- Expected standard of knowledge is being acquired because instructor has taught the lesson in a planned manner

## FORMAT OF A LESSON PLAN



## **PRESENTATION**







### POINTS TO REMEMBER



- Use correct format of a Lesson Plan for theory
   & Demo Plan for practical
- Begin with good rapport
- Check the seating arrangements
- Check the tools & teaching aids
- Write the title of the lesson neatly on the board
- State the objectives / learning outcome clearly
- Review / link previous knowledge to the present topic

- Motivate the trainees by telling the purpose of learning with example
- Present the information in sequence
- Audibility of voice
- Teach to the whole class. Have proper eye contact with all learners
- Write neatly on the board
- Avoid spelling & procedural mistakes
- Use colour chalks / pens appropriately
- Use duster to clean the board
- Use pointer whenever necessary. Do not shake the pointer

- Use visual aids at right time and explain
- Stress the important points
- Repeat the operation & insist on safety during demonstration
- Use proper type of questions in all the stages
- Receive, Reward, and Repeat the answer
- Summarize the lesson with reference to the objectives
- Finish the lesson on time
- Extend the teaching process. Tell what will be the next lesson

## THANK YOU!